Contact your Congressmen for the greater Los Angeles area.

How to find your representative via zip code:

https://www.house.gov/representatives/find-your-representative

Kevin McCarthy (23rd District) Phone: (202) 225-2915

https://kevinmccarthy.house.gov/contact

Mike Garcia (25th District) Phone: (202) 225-1956

https://mikegarcia.house.gov/contact/

Julia Brownley (26th District) Phone: (202) 225-5811

https://juliabrownley.house.gov/contact/email-me/

Judy Chu (27th District) Phone: (202) 225-5464

https://chu.house.gov/contact

Adam B. Schiff (28th District) Phone: (202) 225-4176

https://schiff.house.gov/contact

Tony Cardenas (29th District) Phone: (202) 225-6131

https://cardenas.house.gov/contact-me

Brad Sherman (30th District) Phone: (202) 225-5911

https://sherman.house.gov/contact

Grace F. Napolitano (32nd District) Phone: (202) 225-5256

https://napolitano.house.gov/contact

Ted Lieu (33rd District) Phone: (202) 225-3976

https://lieu.house.gov/contact

Jimmy Gomez (34th District) Phone: (202) 225-6235

https://gomez.house.gov/contact/

Norma Torres (35th District) Phone: (202) 225-6161

https://torres.house.gov/contact/email-me-form

Karen R. Bass (37th District) Phone: (202) 225-7084

https://bass.house.gov/contact

Linda T. Sanchez (38th District) Phone: (202) 225-6676

https://lindasanchez.house.gov/contact

Young Kim (39th District) Phone: (202) 225-4111

https://youngkim.house.gov/contact

Lucille Roybal-Allard (40th District) Phone: (202) 225-1766

https://roybal-allard.house.gov/contact/office.htm

Maxine Waters (43rd District) Phone: (202) 225-2201

https://lieu.house.gov/contact

Nanette Barragan (44th District) Phone: (202) 225-8220

https://barragan.house.gov/contact-me/

Alan Lowenthal (47th District) Phone: (202) 225-7924

https://lowenthal.house.gov/contact